

Avocado and Mango Salsa

Yield: 5 servings

1 mango, peeled and diced
1 avocado, peeled and diced
1 Roma tomato, seeded and diced
1 clove garlic, minced
1 jalapeño, seeded and diced
1/4 cup chopped fresh cilantro
Juice from one fresh lime
1/4 cup chopped red onion
1 Tablespoon olive oil
Salt and pepper, to taste

Stir together all ingredients in a medium bowl. Cover and let the flavors blend in the refrigerator for at least 30 minutes before serving.

Source: [SkinnyTaste](#)