

Five-Minute Chunky Monkey Ice Cream

3 peeled and chopped, then frozen, bananas

1/4 cup walnuts, chopped

Handful of chocolate chunks

2 Tablespoons peanut butter or Nutella (optional)

Puree the bananas in a food processor or blender until smooth. Add the walnuts and chocolate chunks and pulse until mixed in. Stir in the peanut butter or Nutella, if desired. Serve immediately or freeze for later consumption.

Source: Adapted from [Kitchen Simplicity](#)